

## POLICY AND PROCEDURE: ASTHMA MANAGEMENT

### La Academia Dolores Huerta Charter Middle School

In order to protect all students with asthma, each student at La Academia Dolores Huerta (LDH) identified as having asthma must have an asthma action plan on file that is signed by a physician or healthcare provider. An asthma action plan is a self-management tool that is used to help a person diagnosed with asthma better control his/her condition. It is completed by a physician/healthcare provider and includes information on a student's medications and dosing requirements, asthma triggers, how to handle worsening symptoms and what to do during a breathing emergency. It is a critical element in a school's overall wellness plan that can help school nurses/staff identify and track those students that are most at risk for having an asthma emergency.

LADH is willing to accept any of the standardized asthma action plans provided by the American Lung Association, the Center for Disease Control and Prevention, state asthma coalitions or the student's pediatrician's office, as long as it is filled out correctly and signed by a healthcare provider. The form can be written based on symptoms, peak flow meter readings or both.

Asthma action plan protocols include:

- Provide individual asthma action plan forms in annual enrollment materials.
- Obtain, maintain, and utilize written asthma action plans, signed by the child's physician, for every student with asthma.
- Collect asthma action plans on an annual basis or when there is a change in the severity classification of a student's asthma.
- Follow a standard emergency protocol for students in respiratory distress that do not have a written asthma action plan on site.

Copies of the asthma action plan will be filed in the following:

- The original form will be available in an unlocked location within the school office that is accessible to anyone who may need to administer medication.
- A copy will be provided to coaches/physical education instructors.
- A copy will be provided to any teachers or designated staff as needed.

The parent/legal guardian and physician/provider may submit written consent for a student to self-administer his/her own medication without supervision. A licensed school nurse or trained designee shall administer medication to those students who do not have consent or who are unable to administer their own medication.