LADH 0203Physical Education

I. PURPOSE
To ensure that the La Academia Dolores Huera offers a quality physical education program and that students, parents, and staff recognize it as an essential component for students to learn lifelong fitness skills.

II. POSITION
The governing council recognizes and supports the value of physical activity. It is the schools position that all students have equal and equitable opportunities for physical activity and physical education in our schools. The Principal is responsible for implementing and evaluating physical activity and physical education program improvements.

III. GUIDELINES
A. Physical activity will be included in a school's daily education program in grades 6-8.

B. Physical activity includes regular instructional physical education, co-curricular activities, and recess.

C. The physical education program will be planned, sequential, and aligned to the physical education content standards with benchmarks and performance standards set forth in 6.30.2.20 NMAC.

D. LADH will have appropriate class sizes, facilities, equipment, and supplies needed to deliver quality physical education in a safe environment consistent with national standards.

E. In grades 6-8, all school personnel, including coaches, sponsors, and volunteers are prohibited from using excessive physical activity (e.g. running laps, push-ups) as a consequence/punishment.

F. In grades 6-8, all school personnel, including administrators and teachers are prohibited from withholding physical education class as a consequence/punishment, unless it is allowed as part of a student Behavior Intervention Plan (BIP).

G. LADH will promote physical activity such as walking and bicycle programs.

H. The Principal shall promulgate a regulation for the enforcement of this policy.

IV. REVIEW AND REPORTING
This policy will be reviewed in accordance with the Board of Education policy review process.

Legal Reference: 6.30.2.19 and 6.30.2.20 NMAC, Section 204 of Public Law 108-265 of Child Nutrition and WIC