

# **Health Education**

## **I. PURPOSE**

The goal of a comprehensive health education curriculum within a coordinated school health approach is to acquire life skills in order to attain personal, family, community, consumer and environmental health.

## **II. POSITION**

A. The health education policy shall include a planned, sequential K-12 health education curriculum that is age-appropriate and addresses the physical, mental, emotional and social dimensions of health.

B. The curriculum will be aligned to the health educational content, with benchmarks and performance objectives as set forth in 6.30.2.19 NMAC.

C. This policy provides that parents may request that their child be exempted from the parts of the health education curriculum that address the sexuality performance standards.

D. Students, whose parents request they be exempted from the health education curriculum that addresses the sexuality performance standards, will be provided alternative lessons in accordance with 6.30.2.19.

## **III. REVIEW AND REPORTING**

This policy will be reviewed in accordance with the policy review process.

*History: New*

*Legal Reference: 6.30.2.19 NMAC*